

Familyhood

Statewide Training

Within My Reach: An Oklahoma Model That Has Scaled to National Impact

An example of curriculum content & activity

Scott Stanley

Scott Roby

PREP 8.0

For committed couples

- Provides skills-based relationship education
- **15 units** (4-16 hours of content)
- **In-person workshops, online** (live webinar), or **on-demand** (ePREP)

WMR 4.0

For individuals

- Focuses on relationship decision-making

Help participants to:

- Cultivate and protect current relationships
- Recognize healthy and unhealthy relationships
- Make wise partner choices
- Identify dangerous relationships and ideas for leaving safely
- **15 units** (up to 16 hours of content)
- **In-person or online** (live webinar)

Other curricula from PREP

For fathers:

On My Shoulders

For workplace relationships:

Winning the Workplace Challenge

Types of Safety

Physical

Emotional

Commitment

Community

Is It Safe?

An activity from
Within My Reach

Physical

Emotional

Commitment

Community

Is It Safe? An Essential Question

Use only the materials you were given.

Create a sculpture that represents the type of relationship described in your scenario.

Zoom Report out here



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SIGN UP AND STAY INFORMED

Trainings are scheduled throughout the year. To stay updated on session details as they become available, scan the QR code to register. Once registered, we'll keep you informed and ensure you're connected to participate in future training sessions.

