

Familyhood

Statewide Training

Promoting Familyhood Through Enhancing Social Competencies

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If comfortable, please sit with no more than 2–3 people from a single agency at one table



Who Am I?

My background is in residential youth care: shelters, treatment centers, group homes, juvenile justice.

- Youth care professional
- Case manager
- Drug court liaison
- Staff supervisor
- Trainer & consultant



ARROWHEADCONSULTING

Who Are **You?**

Slido Question 1 [insert QR code]

- What is your primary role in your current agency?

Who Are **You**?

Slido Question 2 [insert QR code]

What is your agency or department's primary service area?

(Examples: child welfare, public health, residential care, crisis care, substance use services...)

Our Focus: Positive Youth Development

PYD: An approach to youth work that productively **engages** young people, focusing on fostering **strengths** and **relationships**

- Strengths, not deficits
- Opportunities, not punishments
- Partnership, not control

Source: Interagency Working Group on Youth Programs

PYD Pivots from Prevention to Promotion

- Focus **less** on stopping unwanted behavior
- Through external provision of rewards and punishments

What kind of future environment does a rigid system of rewards and punishments prepare young people for?

Source: Scales (2018)

PYD Pivots from Prevention to Promotion

- Focus **more** on promoting healthy behavior
- Through **empowerment, encouragement, and modeling**

What future does this prepare young people for?

Source: Scales (2018)

PYD Pivots from Prevention to Promotion

Familyhood

**Aligns with fields of study
such as...**

Trauma-Informed Care
Familyhood



**Aligns with philosophies
such as...**

Behavioral Psychology
Child Development

60-Second Case Study

PYD was catalyzed by the Search Institute in the 1990s

FEATURED RESOURCES



TOOL / PLAYBOOK

[Youth Opportunity Toolkit](#)



TOOL / PLAYBOOK

[The Student Voice Toolkit](#)



RESOURCES

[Relational Culture Checkup](#)

The 40 Developmental Assets

External



Support

#2 Positive family communication



Empowerment

#8 Youth as resources



Boundaries & Expectations

#16 High expectations



Constructive Use of time

#17 Creative activities

Internal



Commitment to Learning

#25 Reading for pleasure



Positive Values

#28 Integrity



Social Competencies

#33 Interpersonal competence



Positive Identity

#39 Sense of purpose

The assets have been linked to many outcomes in early adulthood...

Many findings hold across countries and demographics:

- Better nutrition
- Exercise
- Creativity
- Resilience
- Life satisfaction
- Academic success
- Leadership
- Less drug and tobacco use
- Less anxiety
- Less post-traumatic stress
- Less criminal justice involvement
- Less risky sexual activity

Source: See Soares, Pais-Ribeiro, & Silva (2024) for a recent review

Promoting Social Competencies



The ability to **interact** effectively, make hard **decisions**, and **cope** with challenges

(These days, developing *social competencies* is sometimes called **social-emotional learning...**)

Promoting Social Competencies

- 1. Planning & Decision-Making (#32)**
- 2. Interpersonal Competence (#33)**
- 3. Cultural Competence (#34)**
- 4. Resistance Skills (#35)**
- 5. Peaceful Conflict Resolution (#36)**

Promoting Social Competencies

How are **we**
promoting these
social competencies?

How We Promote Social Competencies

- 1. Planning & Decision-Making (#32)**
- 2. Interpersonal Competence (#33)**
- 3. Cultural Competence (#34)**
- 4. Resistance Skills (#35)**
- 5. Peaceful Conflict Resolution (#36)**

How We Promote Social Competencies

**When sharing back
with the large group,
please share...**

1. Your table's social competency
2. The kinds of services you all provide
3. How your work promotes this competency

Promoting Social Competencies

Where are our gaps in promoting social competencies in Oklahoma?

- What are we missing?
- Which competencies are underdeveloped? Why?

Are any communities being overlooked?

- What opportunities are waiting to be realized?
- How could we be collaborating across agencies to better promote these competencies?

Next Up


An Oklahoma program focused on promoting social competencies

In-Step, formerly known as the First Time Offender Program (FTOP)

- Serves young people who have committed a first-time misdemeanor or non-violent felony and are referred to the program by the Juvenile Services Unit, municipal courts, and the Juvenile Bureaus.
- Utilizes evidence-based curriculum – *It's My Life* – developed by PREP Inc.
- Involves youth and their parents in 12 hours of skill-development classes emphasizing communication, anger management, problem-solving, decision-making, values, and understanding the consequences of their misconduct.

Source: <https://www.oays.org/programs>

**Our ability to learn
from our mistakes
begins with six
important words...**



I admit I made
a mistake.

Honesty

Young person "tells the truth
even when it is not easy."

Responsibility

Young person accepts and
takes personal responsibility.

How Does *In-Step* Promote Social Competencies?

1. **Planning & Decision-Making (#32)**
2. **Interpersonal Competence (#33)**
3. **Cultural Competence (#34)**
4. **Resistance Skills (#35)**
5. **Peaceful Conflict Resolution (#36)**

Credit Where Credit is Due

Thanks to the following creators and organizations for their materials and images:

- Search Institute
- Familyhood
- Spacepixel
- Freepik
- Kalashnyk
- Victoruler
- Mihimihi
- OAYS



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